



**STEIN SPERLING**  
BENNETT · DE JONG · DRISCOLL PC



## Sondra M. Douglas Of Counsel

1101 Wootton Parkway  
Rockville, Maryland 20852  
301-838-3274 direct  
301-354-8174 fax  
[sdouglas@steinsperling.com](mailto:sdouglas@steinsperling.com)

## Practice Areas

Family Law, Criminal Law

## Profile

Compassionate and resourceful, Sondra Douglas is a fierce advocate for her clients both in and out of the courtroom. Her passion for the law, whether she is representing a client with a family law issue or one who has suffered injury or loss as a result of a car accident, gives her the drive to dig deep looking at all angles of a case to creatively solve her clients' needs. Sondra approaches the practice of law in a very practical manner, but with an intuitive understanding of her client's particular needs. This helps her offer and deliver creative and effective solutions.

Sondra's clients quickly come to know that she cares not only about their case but also about them. Sondra understands how the impact of a divorce, a custody battle or a personal injury extends beyond the individual and affects entire families. She coaches her clients through each decision, ensuring that they completely understand how it may impact not only the outcome of their case but other surrounding aspects of their life. Having first developed her trial skills as a Maryland Public Defender, Sondra has built an outstanding track record for her clients, both through negotiation and through litigation.

A DC metro native, Sondra has always wanted to be a lawyer and considers herself "a lawyer of the people," representing a wide range of clients and always thinking of their needs and strategizing their cases well beyond 9-5. Before coming to Stein Sperling Sondra built and ran a successful law practice over the last 13 years.

## Education

University of Maryland at College Park (B.A., 1996)  
University of Baltimore (J.D., 2002)

## More

In her spare time Sondra likes to lift weights, spend quality time with her family, garden, go to the beach, and sing in the church choir.

### Admissions & Certifications

Maryland

District of Columbia

### Memberships & Activities

Baltimore County Executive Council member at large, 2016 – Present

Baltimore County Bar Association Family Law Division, Vice Chair (2014 – 2015)

Baltimore County Bar Association Family Law Division, Chair (2015 – 2016)

Baltimore County Bench Bar Committee, Family Law Representative (2015 – 2016)

Baltimore City Bar Association (2003 – 2012)

- Family Law Committee (2012 – 2013)
- Young Lawyers Division (2003 – 2006)

Monumental Bar Association (2002 – 2006)

Montgomery Bar Association

J. Franklyn Bourne Bar Association

### Honors & Awards

Best Lawyers (2024)

Maryland Super Lawyers (2019-2024)

Washington, D.C. Super Lawyers (2019-2023)

*Bethesda* Magazine

- Top Attorneys (2023)